

## **Family Caregiver Support Groups**

## Monthly Schedule | In-Person

GROUP	LANGUAGE	DAYS	TIME	CITY		
MONDAYS						
Aphasia Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	10:00 - 11:00 AM	Brea		
TUESDAYS						
Caregiver Support Group	Vietnamese	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	11:00 - 12:00 PM	Fountain Valley		
Transitions (After Caregiving)	English	3 <sup>rd</sup> Tuesday	1:00 - 3:00 PM	Orange		
WEDNESDAYS						
Caregiver Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	10:00 - 11:30 AM	Fullerton		
Caregiver Support Group	English	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays	1:00 - 2:00 PM	Corona del Mar		
THURSDAYS						
Caregivers Connecting Through Art	English	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	10:00 - 11:30 AM	Fullerton		
<u>Transitions (After Caregiving)</u>	Vietnamese	2 <sup>nd</sup> Thursday	10:30 - 11:30 AM	Garden Grove		
Caregiver Support Group	Vietnamese	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	10:30 - 12:00 PM	Fountain Valley		
Caregiver Support Group	English	1 <sup>st</sup> & 3 <sup>rd</sup> Thursday	10:30 - 12:00 PM	Tustin		
HOPE Cancer Support Group  To learn more about he	English	2 <sup>nd</sup> Thursday	6:00 - 7:30 PM	Fullerton		

To learn more about how to join a support group, please call our office at: 800-543-8312 or 714-446-5030



## **Family Caregiver Support Groups**

## Monthly Schedule | Virtual

GROUP	LANGUAGE	DAYS	TIME			
MONDAYS						
Caregiver Support Group	English	1 <sup>st</sup> & 3 <sup>rd</sup> Mondays	10:00 - 11:00 AM			
Caregiver Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	1:30 - 2:30 PM			
Traumatic Brain Injury Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Mondays	5:30 - 6:30 PM			
TUESDAYS						
Men's Caregiver Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Tuesdays	3:00 - 4:00 PM			
Caregiver Support Group	English	1 <sup>st</sup> & 3 <sup>rd</sup> Tuesdays	7:00 - 8:00 PM			
WEDNESDAYS						
Caregiver Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	10:00 - 11:00 AM			
Caregiver Support Group for Spouses	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	4:00 - 5:00 PM			
Telephonic Support Group	Spanish	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesdays	5:00 - 6:00 PM			
"Sandwich Generations" & Young Caregivers Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesdays	6:30 - 7:30 PM			
THURSDAYS						
Dementia Support Group	English	2 <sup>nd</sup> & 4 <sup>th</sup> Thursdays	10:30 - 11:30 AM			
FRIDAYS						
Caregiver Support Group	English	1 <sup>st</sup> & 3 <sup>rd</sup> Fridays	1:30 - 2:30 PM			
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The materials or product were a result of a project funded by a contract with the California Department of Aging (CDA), as allocated by the Orange County Board of Supervisors and administered by the Orange County Office on Aging. Supporting data is available by contacting Caregiver Resource Center OC at 130 W. Bastanchury Road, Fullerton, CA 92835 (714) 446-5030. The conclusions and opinions expressed may not be those of the CDA and that the publication may not be based upon or inclusive of all raw data.

Services are provided free of charge. Voluntary contributions are gratefully accepted, and no one is denied for inability to contribute.